

**Table 2.9.3: Average Length of Hospital Stay (LOS) for Low Back and Neck Pain Disorders, 2010**

Length of Stay (LOS)	Sex		Age					Mean LOS All Discharges	Number of Discharges (in 000s)	Total Hospital Days (in 000s)
	Male	Female	< 18	18 to 44	45-64	64 to 75	75 & Over			
<b>Lumbar/Low Back Pain</b>										
Back Disorders	4.7	4.8	5.3	4.5	4.5	4.4	5.5	4.8	1,431.5	6,871.20
Disc Disorders	4.4	4.4	8.6	3.4	4.1	5.2	5.3	4.4	545.4	2,399.76
Back Injury	8.8	6.5	11.8	9.7	8.9	5.5	6.2	7.6	182.5	1,387.00
All Lumbar and Low Back Pain	4.9	4.9	8.5	4.7	4.6	4.6	5.5	4.9	2,025.7	9,925.93
Ratio Lumbar Back Pain to All Visits	0.96	1.11	2.18	1.31	0.92	0.85	0.98	1.04		
Proportion Lumbar/Low Back Pain to Total Discharges									5%	5%
<b>Cervical/Neck Pain</b>										
Neck Disorders	4.6	4.4	4.7	4.5	3.9	5.2	5.1	4.5	315.1	1,417.95
Cervical Disc Disorders	3.4	3.3	4.0	2.2	3.3	3.9	4.9	3.4	173.2	588.88
Neck Injury	9.2	6.2	*	8.2	8.4	7.4	7.9	7.8	76.2	594.36
All Cervical Back Pain	5.0	4.3	3.7	4.5	4.1	5.2	5.4	4.6	525.1	2,415.46
Ratio Cervical/Neck Pain to All Visits	0.98	0.98	0.95	1.25	0.82	0.96	0.96	0.98		
Proportion Cervical/Neck Pain to Total Discharges									1%	1%
All Back Pain Disorders	4.8	4.8	5.7	4.6	4.4	4.7	5.5	4.8	2,561.8	12,296.64
All Hospital Visits	5.1	4.4	3.9	3.6	5.0	5.4	5.6	4.7	38,919.2	182,920.24
Ratio Back Pain to All Visits	0.94	1.09	1.46	1.28	0.88	0.87	0.98	1.02		
Proportion Back Pain of Total Discharges									7%	7%

\* Does not meet standards for reliability.

Source: National Hospital Discharge Survey (NHDS), 2008 to 2010. [www.cdc.gov/nchs/nhds/nhds\\_questionnaires.htm](http://www.cdc.gov/nchs/nhds/nhds_questionnaires.htm) April 23, 2013. Based on days of care.